

CENTRAL BEDFORDSHIRE COUNCIL

At a meeting of the **HEALTH AND WELLBEING BOARD** held in Council Chamber, Priory House, Monks Walk, Shefford on Wednesday, 6 April 2016

PRESENT

Cllr M R Jones (Chairman)
Mr M Tait (Vice-Chairman)

Mrs D Blackmun	Chief Executive Officer, Healthwatch Central Bedfordshire
Mr R Carr	Chief Executive
Mrs S Harrison	Director of Children's Services
Cllr C Hegley	Executive Member for Social Care and Housing
Mrs A Lathwell	Interim Head of Strategy & Corporate Planning, Bedfordshire Clinical Commissioning Group
Dr A Low	Chair, Bedfordshire Clinical Commissioning Group
Mrs J Ogle	Director of Social Care, Health and Housing
Mrs M Scott	Director of Public Health
Cllr M A G Versallion	Executive Member for Education and Skills

Apologies for Absence: Mr M Coiffait
Mr C Ford

Members in Attendance: Cllrs E Ghent
P Hollick

Officers in Attendance:	Ms S Chakrabarti	– Assistant Director, Public Health
	Mrs P Coker	– Head of Service, Partnerships - Social Care, Health & Housing
	Mrs S Hobbs	– Committee Services Officer
	Mrs C Shohet	– Assistant Director of Public Health

HWB/15/33. **Chairman's Announcements and Communications**

Dr Judy Baxter had retired from the Board and Members took the opportunity to thank her for the help and guidance that she had provided the Board and wished her all the best for the future.

Dr Alvin Low would replace Dr Judy Baxter as a Bedfordshire Clinical Commissioning Group representative on the Board.

Agenda item 11, Transforming Care Plan, had been deferred to the next meeting on 27 July 2016.

HWB/15/34. **Minutes**

RESOLVED

that the minutes of the meeting of the Central Bedfordshire Health and Wellbeing Board held on 20 January 2016 be confirmed as a correct record and signed by the Chairman.

HWB/15/35. **Members' Interests**

None were declared.

HWB/15/36. **Public Participation**

There were no members of the public registered to speak.

HWB/15/37. **Joint Strategic Needs Assessment**

The Board considered a report that provided a summary of the health and wellbeing needs in Central Bedfordshire and the areas which required further focus. The Joint Strategic Needs Assessment (JSNA) had last been updated in the autumn of 2014 and there had been some significant changes which directly impacted upon or were an indicator of health and wellbeing.

A number of common themes had emerged from the JSNA:-

- The need to increase healthy life expectancy and promote independence by 'mainstreaming prevention'. This was important to both local residents and to the local health and care system that would need to fund the consequences if healthy life expectancy did not improve.
- The need to reduce inequalities in health which started from birth – so giving every child the best start in life was essential, as was minimising the impact of welfare reform.
- The need to give mental and physical health parity – there was no health without mental health.
- The need to be ambitious – whilst outcomes in Central Bedfordshire appeared better than average, they should be as it was a relatively affluent area, so the aim should be among the best.

The key areas agreed to drive the Board's future focus were:-

- Educational attainment.
- Young People's emotional wellbeing and resilience.
- Mental Health.
- Reducing the proportion of life spent in poor health.
- Hypertension and diabetes.
- Alcohol abuse.

- Injuries due to falls.
- Welfare reform.

The Board agreed that at this stage the JSNA did not suggest the need for a complete refresh of the Health and Wellbeing Strategy. It was agreed that there may be a requirement to review the key issues within the strategy following the regular review of progress.

RESOLVED

- 1. that the 2016 Executive Summary of the Joint Strategic Needs Assessment for Central Bedfordshire be endorsed; and**
- 2. that the areas, set out above, required focus and action across the system and should be incorporated into the Health and Wellbeing Strategy at an appropriate point.**

HWB/15/38. Ensuring Good Mental Health and Wellbeing at Every Age

The Board considered a report that outlined the roadmap to ensuring young people had good mental health and wellbeing and identified what was being done and what success would look like. The report also provided more in-depth understanding of why mental health was a priority, including the reasons for young people in Central Bedfordshire reporting lower self-esteem.

Bedfordshire was part of a national Child and Adolescent Mental Health Services (CAMHS) school pilot which aimed to support health services and schools to work more closely to promote mental health wellbeing in schools. Teachers were being trained to identify mental health issues at an earlier stage. CAMHS clinicians were also providing clinics at the schools taking part in the pilot and were improving access to services for those young people experiencing mental health issues.

The Children's Trust Board were investigating why young people in Central Bedfordshire suffered from low self esteem, following an in-depth schools survey.

Currently there was no provision for over 10 year olds to be assessed for autism. SEPT and Bedfordshire Clinical Commissioning Group were working to have a robust pathway to provide capacity and resources to enable assessments to be carried out for older children. The reduction in waiting times for assessment in crisis and reduction in inpatient admissions was a key performance indicator.

The Board agreed that an update on ensuring good mental health and wellbeing at every age be provided at their meeting on 19 October 2016.

RESOLVED

- 1. that the roadmap to ensure good mental health and wellbeing for children, young people and families across Central Bedfordshire be noted;**
- 2. that the recommendations set out within the report be approved; and**
- 3. that an update be provided to the Health and Wellbeing Board at their meeting on 19 October 2016.**

HWB/15/39. Bedfordshire Clinical Commissioning Group's Emerging Operational Plan for 2016/17 (Bedfordshire Plan for Patients)

The Board received a presentation that provided an overview of the Bedfordshire Clinical Commissioning Group's (BCCG) emerging operational plan for 2016/17 and an update on the requirements for a Sustainability and Transformation Plan (STP). The Plan would explain the development and transformation of primary care and set out the ambition for integration across health and social care.

The presentation highlighted the outcome headlines for:-

- maternity and early years;
- mental health;
- cancer;
- long term conditions;
- multimorbidity and frailty;
- carers; and
- alcohol and liver disease.

NOTED the presentation.

HWB/15/40. Planning for the Better Care Fund Plan 2016/17

The Board considered a report that provided an update on the Better Care Fund (BCF) Plan for 2016/17, set out the proposed priorities for 2016/17 and included the quarter 3 performance return that had been submitted to NHS England.

The 2016/17 BCF Plan would build on the work carried out in 2015/16 and demonstrate that local partners had reviewed progress in the first year of the BCF. The Plan would also be mindful of the linkages with the NHS Sustainability and Transformation Plans which NHS partners were required to produce in 2016.

Assurance of the 2016/17 Plans would be based on a high level BCF Planning Return detailing the technical elements of the plan, including funding contributions, a scheme level spending plan, national metric plans, as well as a narrative plan. The final submission of the BCF Plan 2016/17 had to be submitted to NHS England by 28 April 2016. A copy of the full submission would be provided to the Board at their next meeting on 27 July 2016.

RESOLVED

- 1. that the first submission for the BCF Plan 2016/17 be noted;**
- 2. to authorise the Director of Social Care, Health and Housing and the Bedfordshire Clinical Commissioning Group Lead Director, in consultation with the Chairman of the Health and Wellbeing Board, to sign off the BCF Plan 2016/17 and the Section 75 Agreement; and**
- 3. that the quarter 3 return on the BCF Plan to NHS England be noted.**

HWB/15/41. Young People's Vision of Current and Future Health and Wellbeing Services in Central Bedfordshire

The Board considered a report that outlined details of Healthwatch Central Bedfordshire's (HCB) health and wellbeing engagement project. This had sought to empower and involve young people by asking them to share their experiences of health and wellbeing issues and concerns, including an exploration of their ideas for the future commissioning of services. The Board watched a short film where the young people highlighted their experiences of health and social care services.

A number of young people were interested in developing a Young Healthwatch for Central Bedfordshire that could be used to seek young peoples' views on future developments within health and wellbeing.

RESOLVED

- 1. to recommend that the Children's Trust Board and Corporate Parenting Panel consider the report on the young people's vision of current and future health and wellbeing services in Central Bedfordshire.**

HWB/15/42. Transforming Care Plan

This item had been deferred to the Health and Wellbeing Board meeting on 27 July 2016.

HWB/15/43. Health and Wellbeing Board Work Programme

The Board considered the updated work programme of items for the Health and Wellbeing Board for 2016/17.

RESOLVED

that the work plan be approved, subject to the inclusion of the following items:-

- **ensuring good mental health and wellbeing at every age for the meeting on 19 October 2016; and**
- **transforming Care Plan for the meeting on 27 July 2016.**

(Note: The meeting commenced at 2.00 p.m. and concluded at 4.25 p.m.)

Chairman

Dated